

let's volunteer!

BECAUSE EVERY STATISTIC IS SOMEONE'S BEST FRIEND.

IN IT TO END IT



A Project of the Avon Foundation for Women, a 501(c)(3) public charity AVONWALK.ORG

Welcome!

Thank you for joining our Avon Walk for Breast Cancer Santa Barbara Volunteer Team! With the Walk just around the corner, we've prepared this guide to answer many of the questions that are probably on your mind and to make sure you're completely prepared to have a great volunteer experience.

Please read this information thoroughly and click the button to confirm that you will be joining us for your assigned shift, if you haven't already done so.

[CLICK HERE](#)

If you have not yet signed-up to volunteer, please email the Crew & Volunteer Coordinator today at laurens.santabarbara@avonwalk.org or call 323-931-3003. We need all Volunteers to sign-up in advance.

Our community of Walkers, Crew members, Volunteers, donors, family, friends and more will unite on September 11-12, 2010 with one common goal: to end breast cancer. We can't wait to see you!

CLOSING CEREMONY VOLUNTEER DETAILS:

DATE: Sunday, September 12, 2010

SHIFT TIMES:

8:00AM-12:30PM – Set-Up and Ceremony
12:00PM-4:30PM – Ceremony and Wrap-Up

LOCATION:

Carpinteria State Beach
5361 6th Street
Carpinteria, CA 93013

Please HELP spread the word!
We still need Event Eve Volunteers on Friday, September 10th 12:15PM-8:30PM.
Bring family and friends!

WHAT TO DO ONCE YOU ARRIVE:

When you arrive at the Ceremony site you want to go straight to the white **Volunteer Check-In Tent** (look for the bright pink "Volunteer Check-In" sign). You will then check-in, grab a blue Volunteer t-shirt and be directed to your area. All the training you will need takes place after you check in so come prepared to jump into your activity and please be flexible as we may need to move you around during your shift!

WHAT TO BRING:

There won't be any secure storage available, so it's best to bring a small bag that you can easily keep with you. There will be many people flowing in and out of the area, so please do not bring anything valuable as we cannot be responsible for lost or stolen items.

Snacks and water will be provided but please feel free to bring your own snacks and water bottle. **Pizza will be served to Volunteers for lunch around 11:30am/12pm.**

WHAT TO WEAR:

Dress comfortably. You will receive one volunteer t-shirt to wear during your shift. This Event will happen rain or shine so please be prepared for the unpredictable weather conditions. Work gloves, raincoats and comfortable shoes (galoshes if it's raining) are highly recommended! Remember, rain means mud so please dress appropriately!

WHAT YOU WILL BE DOING:

Any number of things so please be flexible! You may be helping with any of the following tasks: setting up tables

and chairs; providing traffic direction; unloading and organizing participant gear; cheering participants across the finish line; distributing t-shirts, water and snacks to participants and so much more! *Some of these tasks require moderate-heavy lifting. If you are unable to assist with these tasks please let the Volunteer Coordinator know.*

Please know that your role as a volunteer is crucial to the event running smoothly and successfully regardless of where you are stationed! **All Volunteers need to stay and help with site breakdown after Closing Ceremony – we need you!** The more people involved the faster it will get finished!

DIRECTIONS TO YOUR VOLUNTEER SHIFT & PARKING:

CLOSING CEREMONY LOCATED AT:

Carpinteria State Beach
5361 6th Street
Carpinteria, CA 93013

[CLICK HERE FOR MAP](#)

BY CAR:

From the East:

- Take I-5S
- Take exit 172 for Newhall Ranch Rd/ 126 W toward Ventura
- Turn right at CA-126 W
- Stay on CA-126 W for about 40 miles
- Merge onto US-101N
- Exit Casitas Pass Rd, exit 86
- Right onto Carpinteria Ave
- Right Via Real
- Left onto Palm, following signs for State Park.
- Palm will end at parking lot for Carpinteria State Beach

From the North:

- Take Highway US-101 S
- Exit Linden Ave- 86B
- Right onto Linden Ave
- Left onto Carpinteria Ave
- Right onto Palm, following signs for State Park
- Palm will end at parking lot for Carpinteria State Beach

From the South:

- Take Highway US- 101 N
- Exit Casitas Pass Rd, exit 86
- Right onto Carpinteria Ave
- Right Via Real
- Left onto Palm, following signs for State Park
- Palm will end at parking lot for Carpinteria State Beach

BY PUBLIC TRANSPORTATION:

Carpinteria State Beach is easily accessible by public transportation. There is a city bus stop at Carpinteria Ave and Palm Ave that services the Carpinteria (bus 20 and 21x) line. For information regarding the city bus stops, contact 805-963-3366 or visit <http://www.sbmtd.gov/>.

For Volunteers in the Los Angeles area: Carpinteria has an Amtrak Station which is located at 5th Street and Linden Ave, just behind Carpinteria State Beach. For information regarding Amtrak services, visit www.amtrak.com. There is also an Airbus from LAX to Santa Barbara. This shuttle drops off at the Hotel Mar Monte which is accessible via the bus line. From there, take public transportation to Carpinteria State Beach. For information regarding the Santa Barbara Airbus, contact 1-800-423-1618 or visit <http://www.sbairbus.com/>.

PARKING:

Parking is available for visitors and volunteers at Carpinteria State Beach for \$10.

THANK YOU!

From everyone at the Avon Foundation for Women, our deepest gratitude goes out to all of you whose contribution helps us further our mission of advancing access to care and finding a cure for breast cancer. To each and every Walker, Crew member, Volunteer, Donor, sponsor, supporter, beneficiary and friend: thank you for saving lives.

If you have any additional questions, please contact the Crew & Volunteer Coordinator at laurens.santabarbara@avonwalk.org or call 323-931-3003.

NATIONAL SPONSORS:



OFFICIAL SPONSORS:



OFFICIAL MEDICAL SPONSOR:



OPENING CEREMONY BREAKFAST SPONSOR:



OFFICIAL LOCAL SPONSOR:

