



## 2010 Avon Walk for Breast Cancer Washington, DC Event Volunteer Opportunities

The Avon Walk for Breast Cancer Washington, DC office is looking for volunteers. *Interested in helping out?* Please look over this form for more information on the shifts that are still available for Walk Weekend. Since the Event is right around the corner, there is no need to sign up for the shifts listed below ... just show up and support the Walkers!

*Please note: if you do not see a shift listed below it is FULL and we cannot accept additional Volunteers.*

<b>Saturday, May 1<sup>st</sup></b>	<b>Sunday, May 2<sup>nd</sup></b>
<p style="text-align: center;"><b><u>Cheering Stations</u></b></p> <p style="text-align: center;"><b>All Along the Avon Walk Route</b></p> <p>Cheer on the Walkers at a Cheering Station along the route! <a href="#">Click here</a> for a list of Cheering Station locations and times.</p>	<p style="text-align: center;"><b><u>Wellness Village Tent Angels</u></b></p> <p style="text-align: center;"><b>Meadowbrook Park</b></p> <p style="text-align: center;"><b>6:30am-9:00am</b> (<a href="#">Click here</a> for details, directions and parking information!)</p> <p style="text-align: center;"><b><u>Cheering Stations</u></b></p> <p style="text-align: center;"><b>All Along the Avon Walk Route</b></p> <p>Cheer on the Walkers at a Cheering Station along the route! <a href="#">Click here</a> for a list of Cheering Station locations and times.</p>

### **Cheering Stations:**

**Cheering Stations** – Avon Walk Cheering Stations are select locations throughout the entire 39.3 mile Walk route on Saturday, May 1<sup>st</sup> and Sunday, May 2<sup>nd</sup>, which Avon Walk Staff have identified as safe and accessible sites to cheer. As a Cheering Station Volunteer, you become an integral part of the Avon Walk Community and have the opportunity to positively affect each and every Walker's journey.

We are always looking for Cheering Station individuals and groups to come out and support and encourage the Walkers along the route. Cheering Stations are a lot of fun and a great group activity for any age!

### **Wellness Village:**

**Tent Angels** – Assist Walkers in taking down their tents on Sunday morning before they begin walking again. Great project for large groups of Volunteers/Girl Scouts/Boy Scouts!

**The Wellness Village** is located at **Meadowbrook Park, 7901 Meadowbrook Lane, Chevy Chase, MD 20815**. Visitor parking at the Wellness Village is only available at the Rollingwood School (head south on Beach Drive off of East-West Highway). Please follow pink Avon Walk signs. Please note: There is no vehicle access to the park via Meadowbrook Lane.

We look forward to seeing you at the Avon Walk!